

# METROPOLITAN EAST SCHOOL SPORT 2010 REGIONAL SWIMMING TRIAL COMPETITION CONDITIONS 10 – 12 YEARS (Primary)

## List of Events

The following events will be conducted for 10 – 12yrs students on Tuesday 2 March 2010.

- |                        |   |  |
|------------------------|---|--|
| 100m Freestyle         | - | Open   |
| 100m Breaststroke      | - | Open   |
| 100m Backstroke        | - | Open   |
| 100m Butterfly         | - | Open   |
| 50m Freestyle          | - | 10yr, 11yr, 12yr                                       |
| 50m Breaststroke       | - | 10yr, 11yr, 12yr                                       |
| 50m Backstroke         | - | 10yr, 11yr, 12yr                                       |
| 50m Butterfly          | - | 10yr, 11yr, 12yr                                       |
| 200m Individual Medley | - | 10yr, 11yr, 12yr                                       |
| 200m Freestyle*        | - | Open ( * Paper Nomination Only see information below.) |

The events listed above are for both boys and girls.

## Number of Competitors

Each District will be allowed to nominate: **six (6) competitors in all events.**

## State Qualifiers

Metropolitan East Region will nominate up to five (5) competitors, on times, to the State Championships, provided the State Qualifying time (refer to the Met East Website – [www.meteast.com.au](http://www.meteast.com.au)) has been swum. The Queensland Primary Schools State Swimming Championships will be held at the Brisbane Aquatic Centre from 28 – 30 March 2010.

## Nominations

District Convenors are required to nominate to this trial on a computer program file. District Convenors must print hard copies of their nominations and forward copies to their schools for verification of nominations. This should result in fewer problems with team members being unsure of their nominations at the trial. The file containing your District's nominations will be required no later than **Friday, 19 February 2010.**

District Convenors, on receipt of this information, are to contact the Metropolitan East Sports Office to obtain additional information regarding access to the Meet Manager Data Base. Please attend to this as soon as possible.

## Recommended Swim Times

Please refer to the recommended swim times for this trial (**Appendix Z**). **Remember they are a guide only.**

### **200m Freestyle**

Due to time constraints and the welfare of the swimmers, the Open 200m Freestyle for 10 – 12yrs students will be paper nominated. This nomination form (**Appendix Y**) must be handed to the District Swimming Convenor on the day of the **District Trials**. District Swimming Convenors are to forward these nomination forms to the Metropolitan East Sport Office **no later than Friday, 19 February 2010**. **Fax: 32450255**. Students who have been successful in gaining selection in the 200m events will be notified at the Metropolitan East Regional Swimming Trials at the Brisbane Aquatic Centre on Tuesday 2 March 2010.

### **Awards**

Ribbons will be provided for the first, second and third placegetters (based on times) in each event.

### **13yr Primary Students**

As per Queensland School Sport Policy 13yr primary students can no longer compete at the Primary Regional Trial. Therefore it is essential that all schools and students are aware of the following procedures regarding nomination of 13yr Primary students to the Regional Swimming Trials:

- A student **must** swim at the **Primary District Selection Trials** to nominate for the **Regional Swim Trials**, which will be held at the Brisbane Aquatic Centre on Tuesday 2 March 2010. 13yr primary students will be selected to swim at the Regional Trials from times submitted from their Primary District Trials. These 13yr primary students **may also nominate for additional secondary events not swum in primary schools**. Students who wish to nominate for any of these events will be required to register times from **Qld Swimming Association endorsed swim meets. (Swum during the current 2009/2010 season.)**
- At the **Metropolitan East Swimming Trials** 13yr primary students may swim in a **maximum of nine (9) events**.
- 13yr primary students who swim at the Primary District Swim Trials will be required to nominate for any of the nine (9) events they wish to swim at the Regional Trials. Times nominated for the 50m and 100m events must be those swum at the Primary District Selection Trials. Times for other events will be from endorsed QSA events swum in the current season. **A nomination form (Appendix X) must be completed by all 13yr primary students and handed to the District Swimming Convenor** on the day of the District Trial. District swimming convenors are to forward these nomination forms to:

**Metropolitan East School Sport Office  
no later than Friday, 19 February 2010 (Fax: 3245 0255).**

- **Meeting qualifying times is not a guarantee of selection** as only two (2) students per event will be automatically selected to represent the 13yr primary students at the Regional Trial. Additional students may be selected subject to all swimmers meeting qualifying times for the event.
- **13yr primary students will be notified of their selection** to represent their age group at the Metropolitan East Regional Swimming Trials **through confirmations that are sent to schools**.

- **Students who are selected to compete at the Regional Trials will be required to pay a nomination fee of \$20.00.** Students will be advised of the method of payment for this nomination fee when notified of their selection.

### **General Information**

- **FINALS WILL NOT BE SWUM AT THE METROPOLITAN EAST REGIONAL TRIAL.** Swimmers will be seeded according to nomination times, ie District Trials times. After all heats have been swum **all of the swimmers will be ranked in their age group according to their heat times.**
- **PROGRAM:** There will be four (4) sessions at approximately the following times. The Meet Director will not be held strictly to these times. The times are a guide only. It is expected that competitors will be at the pool for the whole day. The organising committee reserves the right to alter the program as required.

**Session 1    Start 8:00am**  
**Session 2    Not before 9:45am (Event 21)**  
**Session 3    Not before 12:00pm (Event 45)**  
**Session 4    Not before 1:45pm (Event 65)**

Due to the number of events it is unlikely that there will be a break between sessions.

- **NOMINATION FEE: \$20.00 per swimmer** (regardless of the number of events entered). It is the responsibility of **District Treasurers** to collect nomination fees. The Metropolitan East Sports Office will invoice District Treasurers based on the number of nominations submitted. District Treasurers are advised to retain a copy of their team list.
- **PROGRAMS:** Programs will be on sale for \$3.00.
- **PARKING:** There will be no charge for parking at this meet.
- **OFFICIALS:** A meeting of officials will be held at **7:30am**. All officials are requested to be at the pool **no later than 7:15am**.
- **WARM-UPS:** From 7:15am lanes will be hired in the diving pool for **SUPERVISED WARM-UPS AND SWIM-DOWNS** providing this does not detract from the running of the meet. **Any swimmers in the warm-up pool MUST be under the direction of a Manager.**

**Note:** No bags are to be taken onto the pool deck. This is a Workplace Health and Safety issue. Meet Organisers will accept no responsibility for theft or damage to personal items.

- **REPORTING FOR EVENTS:** Competitors must report, when notified, to the Marshall. **COMPETITORS WHO DO NOT REPORT WHEN CALLED WILL BE ASSUMED WITHDRAWN.** Marshall Boards will be displayed on pool deck.

- **DISPUTES:** Any protest must be lodged with the Meet Director by a Team Manager in writing **within twenty (20) minutes of the completion of the event concerned.** A hearing of the Disputes Committee will be convened. The Disputes Committee will be made up of the Regional School Sport Officer, the Meet Director and the Chief Referee.
- **MARSHALLING:** Once again the organisers of this meet expect a large number of entries from the schools in the Metropolitan East Region. For the meet to run smoothly, we request assistance from managers and swimmers, particularly at marshalling and at the start.
- **SUBSTITUTIONS:** Please note that **NO SUBSTITUTIONS** will be accepted on the day of the Regional Trial under any circumstance. It is most important that school swimming team managers check to ensure that all their swimmers are nominated in the correct events, **prior to the championship.**
- **WITHDRAWALS:**  
Nominated swimmers who wish to withdraw must do so at least one hour before the start of the session of that event. Any swimmer who does not swim a nominated event without completing the withdrawal in time (ie. one hour before the start of the session) may be denied a start in his/her next nominated event.
- **ABSENT COMPETITORS:**
  - (a) Any student wishing to be considered for selection in the Metropolitan East Team, but is unable to compete at the Metropolitan East Regional Trials due to illness, injury or absence due to competing at a sporting event of a higher level, **MUST SUBMIT** a written request on **Appendix F: Absent Competitor Form.**
  - (b) The absent competitor form must be delivered to **the Regional Convenor** before 8:00am on Tuesday 2 March. If injury or illness occurs on the day of competition and special consideration is required, the Regional Convenor must be notified immediately and the absent competitor form must be received by the Metropolitan East School Sport Office by 3.00pm on Wednesday 3 March 2010.
  - c) This request must include:

- Reason for inability to compete (*doctor's certificate if due to injury or illness.*)
- Recent competition performances.
- Be signed by the Sport Coordinator or School Swimming Coordinator.

**The Metropolitan East Swimming Committee will consider such applications and advise in due course if the student is to be included in Metropolitan East Team.**

- **DISTRICT TEAM MANAGERS:**  
District Managers should ensure that they are at the pool by 7:15am and have a copy of the confirmed nominations for their District. They should also place themselves in an easily identifiable position so that students can find them as required. District Managers should display a sign or banner for ease of recognition.
  - **RULES:**  
All competitors should be aware that this meet is governed by FINA Rules although the Meet Director reserves the right to make adjustments as required.
  - **METROPOLITAN EAST TEAM:**  
Swimmers should consult the results sheets during the day to see if they are eligible for selection. If your name is highlighted you are eligible for selection. Eligible swimmers **MUST** collect the necessary forms from the Regional School Sport Officials on pool deck. **It would be appreciated if eligible swimmers who are not available for selection for the State Championship make this known to the Regional School Sports Officials before the end of the program.**
- Students who do not give details to the Regional School Sport Officials and collect the appropriate paperwork will be deemed to be withdrawn from the team.**
- **NATIONAL CHAMPIONSHIPS:**  
The School Sport Australia Swimming Championships will be held in Brisbane, Queensland from 6 - 11 June 2010.
  - District Secretaries are required to send copies of all appendices to all schools within their district.

#### **APPENDICES**

- **Appendix A** Program of Events
- **Appendix A1** List of Events by Age Group 10 – 12yrs
- **Appendix A2** List of Events by Age Group 13 – 19yrs
- **Appendix B** 10 – 19yrs SWD Nomination Form
- **Appendix C** 13 – 19yrs Regional Qualifying Times
- **Appendix D** 13 – 19yrs SWD Regional Qualifying Times
- **Appendix E** Distance Events Nomination Form
- **Appendix F** Absent Competitor Form
- **Appendix W** 10 – 12yrs SWD Regional Qualifying Times
- **Appendix X** 13yrs Primary Nomination Form
- **Appendix Y** 10 – 12 Yrs 200m Nomination Form
- **Appendix Z** 10 – 12 Yrs Recommended Swim Times

Des Guy  
Regional School Sport Officer

3 February 2010