

METROPOLITAN EAST SCHOOL SPORT 2010 REGIONAL SWIMMING TRIAL COMPETITION CONDITIONS 13 – 19 YEARS (Secondary)

13 – 19 yrs (Secondary)

Districts are invited to nominate **TWO (2)** swimmers in each event regardless of qualifying times. Provision remains for more than two (2) swimmers to be nominated where a district is able to show that all of the swimmers nominated in that event have met the **SET STANDARD** (see 2010 Metropolitan East 13 – 19yrs Swimming Qualifying Standards, **Appendix C**) at their District Meet or equivalent. Due to the large number of events **there are no relays.**

Nominations

District Convenors are required to nominate to this trial on a computer program file. District Convenors must print hard copies of their nominations and forward copies to their schools for verification of nominations. This should result in fewer problems with team members being unsure of their nominations at the trial. The file containing your District's nominations will be required no later than **Wednesday 19 February 2010.**

District Convenors, on receipt of this information, are to contact the Metropolitan East Sports Office to obtain additional information regarding access to the Meet Manager Data Base. Please attend to this as soon as possible.

Ages

Ages are calculated on the year of birth.

13 years	Born 1997
14 years	Born 1996
13 years & 14 years	Born 1997 & 1996
15 years	Born 1995
16 years	Born 1994
15 years & 16 years	Born 1995 & 1994
17 years to 19 years	Born 1991, 1992, 1993
13 years to 19 years	Born 1991 to 1997

N.B. Swimmers may be nominated for a maximum of **NINE (9)** individual events (**including** those events nominated on paper and which are not swum at the Regional trials.)

1. Swimmers will be nominated with the times that they swam in the corresponding event in their District Trial. Where events were not available in the District Trial, a time swum at a **Major QSA endorsed meet** during the 2009-2010 season may be used (eg Qld Distance Meet, Qld Open and Age Championships, Qld Sprint Championships or equivalent meets from other states).
2. Only students who have been **nominated by their District** will be accepted for this trial. Swimmers who fail to compete at District level and who wish to be nominated for the Regional trials should submit evidence to show cause for

consideration for selection in the District Team and should include evidence of qualifying times as in 1. above. This is to be submitted to the District Swimming Convenor at the time of the District Trials, ie before nomination disk is sent. **THIS IS A DISTRICT RESPONSIBILITY. ALL SCHOOLS SHOULD BE AWARE OF THIS.**

Due to time constraints, the following events to be conducted at the State Championships WILL NOT be swum at the Regional Trials:

13 – 19 yrs	Mens & Womens 1500m Freestyle
13 – 19 yrs	Mens & Womens 800m Freestyle
13 yrs	Mens & Womens 400m Individual Medley
14 yrs	Mens & Womens 400m Individual Medley
15 yrs	Mens & Womens 400m Individual Medley
16 yrs	Mens & Womens 400m Individual Medley
17 – 19 yrs	Mens & Womens 400m Individual Medley

Swimmers must nominate a time on the **Distance Event Nomination Form – (Appendix E)** listing times as in 1, above. Qualifying times for these events are listed on the 2010 Qld Secondary Schools 13 – 19yrs Swimming Qualifying Standards Form. Refer to the Met East Website – www.meteast.com.au.

Format

Please note that, all 13 – 19yrs events of **100m and over** will be swum in a **multi-age format**. Competitors of all ages will be placed into seeded heats according to their nominated time. (eg. The first heat of the 100m Freestyle will include the 10 slowest swimmers on times nominated from 13 – 19yrs. The next heat will have the next 10 fastest swimmers on times nominated from 13 – 19yrs etc).

At the completion of the event, a ranked list of competitors per age group will be established and places will be awarded to each age group.

It is therefore extremely important that accurate times are submitted with nominations.

Awards

Ribbons will be provided for the first, second and third placegetters (based on times) in each event.

Queensland Secondary Schools Swimming Championships

Qld Secondary Schools Swimming State Championships will be held at the Brisbane Aquatic Centre from 25 – 27 March 2010. Each competing region may nominate the following:

- In all 50m Freestyle events, a maximum of four (4) swimmers;
- In all 800m and 1500m Freestyle events, a maximum of one (1) swimmer;
- In all other individual events a maximum of two (2) swimmers in EACH INDIVIDUAL AGE GROUP;
- In all relay events a maximum of one (1) team.

Provision remains for more than these swimmers to be nominated where a Region is able to show that all of the swimmers nominated in that event meet the set standard for the event.

State Qualifiers

For State Qualifying times please refer to the Met East Website – www.meteast.com.au).

General Information

- **FINALS WILL NOT BE SWUM AT THE METROPOLITAN EAST REGIONAL TRIAL.** Swimmers will be seeded according to nomination times, ie District Trial times. After all heats have been swum **all of the swimmers will be ranked in their age group according to their heat times.**
- **PROGRAM:** There will be four (4) sessions at approximately the following times. The Meet Director will not be held strictly to these times. The times are a guide only. It is expected that competitors will be at the pool for the whole day. The organising committee reserves the right to alter the program as required.

Session 1 Start 8:00am
Session 2 Not before 9:45am (Event 21)
Session 3 Not before 12:00pm (Event 45)
Session 4 Not before 1:45pm (Event 65)

Due to the number of events it is unlikely that there will be a break between sessions.

- **NOMINATION FEE: \$20.00 per swimmer** (regardless of the number of events entered). It is the responsibility of **District Treasurers** to collect nomination fees. The Metropolitan East Sports Office will invoice District Treasurers based on the number of nominations submitted. District Treasurers are advised to retain a copy of their team list.
- **PROGRAMS:** Programs will be on sale for \$3.00.
- **PARKING:** There will be no charge for parking at this meet.
- **OFFICIALS:** A meeting of officials will be held at **7:30am**. All officials are requested to be at the pool **no later than 7:15am**.
- **WARM-UPS:** From 7:15am lanes will be hired in the diving pool for **SUPERVISED WARM-UPS AND SWIM-DOWNS** providing this does not detract from the running of the meet. **Any swimmers in the warm-up pool MUST be under the direction of a Manager.**

Note: No bags are to be taken onto the pool deck. This is a Workplace Health and Safety issue. Meet Organisers will accept no responsibility for theft or damage to personal items.

- **REPORTING FOR EVENTS:** Competitors must report, when notified, to the Marshall. **COMPETITORS WHO DO NOT REPORT WHEN CALLED WILL BE ASSUMED WITHDRAWN.** Marshall Boards will be displayed on pool deck.
- **DISPUTES:** Any protest must be lodged with the Meet Director by a Team Manager in writing **within twenty (20) minutes of the completion of the event concerned.** A hearing of the Disputes Committee will be convened. The Disputes Committee will be made up of the Regional School Sport Officer, the Meet Director and the Chief Referee.
- **MARSHALLING:** Once again the organisers of this meet expect a large number of entries from the schools in the Metropolitan East Region. For the meet to run smoothly, we request assistance from managers and swimmers, particularly at marshalling and at the start.
- **SUBSTITUTIONS:** Please note that **NO SUBSTITUTIONS** will be accepted on the day of the Regional Trial under any circumstance. It is most important that school swimming team managers check to ensure that all their swimmers are nominated in the correct events, **prior to the championship.**
- **WITHDRAWALS:**
Nominated swimmers who wish to withdraw must do so at least one hour before the start of the session of that event. Any swimmer who does not swim a nominated event without completing the withdrawal in time (ie. one hour before the start of the session) may be denied a start in his/her next nominated event.
- **ABSENT COMPETITORS:**
 - (a) Any student wishing to be considered for selection in the Metropolitan East Team, but is unable to compete at the Metropolitan East Regional Trials due to illness, injury or absence due to competing at a sporting event of a higher level, **MUST SUBMIT** a written request on **Appendix F: Absent Competitor Form.**
 - (b) The absent competitor form must be delivered to **the Regional Convenor** before 8:00am on Tuesday 2 March. If injury or illness occurs on the day of competition and special consideration is required, the Regional Convenor must be notified immediately and the absent competitor form must be received by the Metropolitan East School Sport Office by 3.00pm on Wednesday 3 March 2010.
 - c) This request must include:

- Reason for inability to compete (*doctor's certificate if due to injury or illness.*)
- Recent competition performances.
- Be signed by the Sport Coordinator or School Swimming Coordinator.

The Metropolitan East Swimming Committee will consider such applications and advise in due course if the student is to be included in Metropolitan East Team.

- **DISTRICT TEAM MANAGERS:**
District Managers should ensure that they are at the pool by 7:15am and have a copy of the confirmed nominations for their District. They should also place themselves in an easily identifiable position so that students can find them as required. District Managers should display a sign or banner for ease of recognition.
 - **RULES:**
All competitors should be aware that this meet is governed by FINA Rules although the Meet Director reserves the right to make adjustments as required.
 - **METROPOLITAN EAST TEAM:**
Swimmers should consult the results sheets during the day to see if they are eligible for selection. If your name is highlighted you are eligible for selection. Eligible swimmers **MUST** collect the necessary forms from the Regional School Sport Officials on pool deck. **It would be appreciated if eligible swimmers who are not available for selection for the State Championship make this known to the Regional School Sports Officials before the end of the program.**
- Students who do not give details to the Regional School Sport Officials and collect the appropriate paperwork will be deemed to be withdrawn from the team.**
- **NATIONAL CHAMPIONSHIPS:**
The School Sport Australia Swimming Championships will be held in Brisbane, Queensland from 6 - 11 June 2010.
 - District Secretaries are required to send copies of all appendices to all schools within their district.

APPENDICES

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| ▪ Appendix A | Program of Events |
| ▪ Appendix A1 | List of Events by Age Group 10 – 12yrs |
| ▪ Appendix A2 | List of Events by Age Group 13 – 19yrs |
| ▪ Appendix B | 10 – 19yrs SWD Nomination Form |
| ▪ Appendix C | 13 – 19yrs Regional Qualifying Times |
| ▪ Appendix D | 13 – 19yrs SWD Regional Qualifying Times |
| ▪ Appendix E | Distance Events Nomination Form |
| ▪ Appendix F | Absent Competitor Form |
| ▪ Appendix W | 10 – 12yrs SWD Regional Qualifying Times |
| ▪ Appendix X | 13yrs Primary Nomination Form |
| ▪ Appendix Y | 10 – 12 Yrs 200m Nomination Form |
| ▪ Appendix Z | 10 – 12 Yrs Recommended Swim Times |

Des Guy
Regional School Sport Officer

3 February 2010