

NOMINATION FORM – 400m Hurdles

(N.B. This form is to be used for 13 – 19yrs students who wish to nominate to the 2010 Queensland Secondary Schools Track and Field Championships on 21 – 24 October 2010).

Student Name: _____ M / F

School: _____ School No: _____

Date of Birth: _____ Age Group: _____

Only results achieved in 2010 will be considered.

Do not list results achieved prior to 2010.

Event	Age Group	Best 2010 Time	Date of Performance	Venue	Name of Meet
400m Hurdles	16 – 17yrs Girls				
400m Hurdles	16 – 17yrs Boys				
400m Hurdles	18 – 19yrs Girls				
400m Hurdles	18 – 19yrs Boys				

Signed - School Track & Field Coordinator/Sportsmaster _____ Date _____

This form must be returned to Metropolitan East School Sport no later than:

3:00pm FRIDAY, 27 AUGUST 2010

Send to: Fax 3245 0255
email – marisa.jones@deta.qld.gov.au